



AUSTRALIAN INJURY PREVENTION NETWORK

INJURY INCIDENCE

Vol 9, No 2, Oct 2005

Dear Colleagues

There have been several changes in the management of the AIPN over the past few months. You may not yet know that our elected President, Chris Costa, resigned recently for health reasons. Chris will be greatly missed, as will her capacity to lead the organization with skill and creativity. We wish her a speedy recovery.

In the meantime I have agreed to step in as the interim president until the AGM.

The AIPN has always been a voluntary organisation, both for membership and management, and it is not always possible to ensure that management processes are carried out in a timely way. Thus, at the moment there are a number of outstanding financial and managerial issues requiring resolution. Unfortunately our treasurer has also resigned and we have an acting treasurer, Grea Stead. We are taking the opportunity to employ an accountant to update our financial management systems. This is underway and will be completed before the AGM. The financial situation of the AIPN is however secure.

The AGM will be held by teleconference on November 28 at 1.00pm Sydney time. I do hope that you will make yourself available. Please send an email to Cherie Power, chpow@doh.health.nsw.gov.au, indicating your willingness to participate, and she will send you the details of how to join the teleconference. (Members in Brisbane, Sydney and Melbourne are to gather at a single contact point. Members outside these areas are to ring in using a particular phone code. AIPN funds the cost of

participation).

The AIPN was established in 1996 by a dedicated group of people to advocate, from within and from outside government, for all the various policy and program initiatives necessary for good injury prevention. In addition, the AIPN has held an annual, or biennial conference to bring together various workers from a range of disciplines for information exchange and to develop links between people working in the field. The strategic plan is available on the web site <http://www.aipn.com.au/> and I urge you to read this prior to the AGM on November 28. You will see that we have a long way to go to complete this plan. We also need new people to help us get there. Will you consider nominating for a position on the Executive and committee? Support and advice is available to any who would like to consider this. Please speak to me (address below) or to any other member of the current committee. Should there be no volunteers at the AGM, I think that it will be necessary to discuss if the AIPN should be allowed to cease activity. Please give the matter serious consideration.

Nominations can be sent to Paul Vardon, Secretary, AIPN, Fax: 07 3220 0708, or Email paul_vardon@health.qld.gov.au by **COB 7 November 2005**.

Hoping to have you link in with the AGM teleconference.

Pam Albany

Acting President,
Phone: 02 93919679
Mobile: 0411 281 301
Email: palba@doh.health.nsw.gov.au

AGM Date & Time

**1.00PM, daylight saving time,
28 November, 2005.
To be conducted by phone.**

Email to Cherie Power, chpow@doh.health.nsw.gov.au for details of how to join the teleconference.

AGM phone Locations

VICTORIA

Level 2 Conference Room, Crime Prevention Victoria, Department of Justice, 2/136 Exhibition St (opposite the Southern Cross site between Lt Collins & Bourke Sts), Melbourne.
Contact Jan Shield on 03 9651 7424

QUEENSLAND

Floor 9 Conference Room, Queensland Health Building, 147-163 Charlotte Street, Brisbane.
Contact Paul Vardon on 07 3247 4821

NEW SOUTH WALES

The George Institute for International Health, Level 24, The Veritas Building, 207 Kent Street, Sydney (nearest train station Wynyard).
Contact Kathy Clapham on 02 9657 0300



AUSTRALIAN INJURY PREVENTION NETWORK

INCORPORATED IN VICTORIA

Public Officer: Jan Shield
Phone: 03 9651 7424
Email: janshield@bigpond.com
ABN 23 676 617 704

AIPN Secretariat

Xenia Consulting
PO Box 3090
NORMAN PARK Q 4170
Email: secretariat@aipn.com.au
Fax: 07 3395 3548

AIPN is a professional organisation bringing together all Australians and New Zealanders concerned with injury issues. Please feel free to contact us for more information.

AIPN undertakes to collate information from contributors, and has not been responsible for the research reported in this newsletter.

What's New in Sports Injury Prevention?

The Fourth National Sports Injury Prevention Conference was held in Melbourne October 15-16, as part of the four day 2005 Australian Conference of Science and Medicine in Sport. More than 1100 delegates attended the ACSMS. One of the benefits of holding the Sports Injury Prevention conference within the Science and Medicine in Sport conference is the increased exposure of Sports Medicine delegates to current activities of researchers and practitioners in injury prevention.

Ten conference sessions were dedicated to sports injury prevention, with session themes including injury surveillance and risk management; injury prevention research designs; attitudes and behaviours to injury prevention; strategies and evaluations; risk management for sports administrators and associations; interventions and innovations; and facilitators and barriers to research among community level sports.

Keynote presenters in injury prevention included ex-pat Australian Dr Scott McLean (now at the Department of Biomedical Engineering, The Cleveland

Foundation) who discussed the potential mechanisms of non-contact anterior cruciate ligament injuries; Professor Irene Davis of the University of Delaware, whose research interests focus on the relationship between lower extremity structure, mechanics and injury; Professor Roald Bahr (Norway), whose wide experiences with both elite and community sports participants drive his strong interest in injury prevention; and Professor Willem van Mechelen (Netherlands), who highlighted the importance of engaging individuals to make behaviour changes to enhance health as well as changing the environment to enhance physical activity.

Papers and posters presented within the Sports Injury Prevention stream of the conference addressed injury issues in a wide range of sporting and recreational activities. Australian football was the most common topic, but others sports included netball, running, rugby union, cricket,

basketball, hockey, squash, gymnastics, skiing and snowboarding, golf, lacrosse, classical dancing, and boxing.

The Sports Injury Prevention Conference program involved a combination of free paper sessions, panel discussions, keynote addresses and a debate. The panel discussions presented an opportunity for delegates to ask the invited panel experts for their advice and experiences on common issues in injury prevention research. These discussions also allowed for experiences to be shared amongst coaches, clinicians, funding bodies, researchers and sports administrators in order to improve injury prevention research and implementation of intervention strategies.

Among the awards presented at the conference were three awards within



the area of injury prevention. They were the Sport and Recreation Victoria Best Paper Award, presented to Leonie Otago, Judy Swan and Steven Ramage of the University of Ballarat for their paper entitled "The risk management

knowledge of basketball coaches and their influence on the injury prevention strategies of their players"; the NSW Sporting Injuries Committee Award for Best Young Investigator, presented to Rochelle Eime of the University of Ballarat, for her work in the area of protective eyewear in squash; and the Journal of Science and Medicine in Sport Best Poster award for Injury Prevention,

presented to Gabrielle Davidson and her colleagues from La Trobe University for their work on "Stress fractures of the base of the second metatarsal in elite female classical dancers".

The conference also incorporated several functions including the Welcome Reception and Poster Session integrated into the Trade Exhibition which exhibited a number of health and fitness innovations on the market, from athletic shoe manufacturers to highly technical physiological measuring devices. A Gala Dinner was also held as well as a number of other dinners and AGMs.

As well as alerting Sports Science delegates to the work currently being conducted by injury prevention workers, another benefit of holding the Sports Injury Prevention conference with the Australian Conference of Science and Medicine in Sport was that injury researchers and practitioners became more aware of what is happening in sports science. Much of the work in the area of bone health and exercise fits happily under the injury prevention umbrella. So too the topic of innovations in physical activity interventions, and activity programs for older people. If you are looking for inspiration to enhance your activities in injury prevention, perhaps involvement with Sports Medicine Australia or attendance to the annual SMA conference might be of interest to you. The SMA website address is www.sma.org.au. Next year's SMA conference is considered a 'boutique' conference, and will be held in Fiji!

Jenny Blitvich (HM&SS, University of Ballarat) and Maria Romiti (IRMRC, University of NSW)



What's on the www?

National falls prevention resources for Australian hospitals and residential aged care facilities produced by the Australian Council for Safety and Quality in Health Care are now available at <http://safetyandquality.org.au/index.cfm?page=Publications>

<http://www.emergency.qld.gov.au/publications/piccaninny.htm> - for an Aboriginal and Torres Strait Islander child injury prevention booklet developed at Mount Isa

https://www.mbf.com.au/livingwell/latest_issue/features/articles/safehouse.html - demonstrates where AIPN has contributed to raising awareness of safety in the home

www.health.qld.gov.au/PoisonsInformationCentre/plants/default.htm - soon to be live - a comprehensive resource identifying plants and fungi poisonous to people



The 8th Australian Injury Prevention Conference

The AIPN 8th Australian Injury Conference will be held at the Scientia Conference Centre, University of Sydney, September 27-29th 2006. The Conference offers an important forum for discussion of injury prevention research, policy and practice. It is expected to attract between 350-400 delegates including health professionals, researchers, medical practitioners, commonwealth, state and local government officers, workplace health and safety professionals and other interested people. The theme of the conference is "Working Together".

The Organising Committee is chaired by Prof. Caroline Finch (IRMRC), other members are Pam Albany (NSW Health), Anne Deans (Youthsafe), Julie Hatfield (IRMRC), Rebecca Ivers (The George Institute), Maria Lamari (Secretariat), Kath MacFarlane (Mackay Tropical and Public Health Unit), Leanne McLaren (NSCCAHS), Maureen Owen (Youthsafe), Ros Poulos (School of Public Health UNSW), Cherie Power (NSW Health), Greg Stead (Kidsafe), Daina Sturneiks (POWMRI), Paul Vardon (Qld Health), Annie Warn (NSCCAHS).

The Scientific Committee is chaired by Prof Mark Stevenson (The George Institute), other members are Margaret Armstrong (NSCCAHS), Kathy Clapham (The George Institute), Lesley Day (Monash University), Alex Donaldson

(Hunter Health), Margaret Hall (Edith Cowen University), James Harrison (Flinders University), Julie Hatfield (IRMRC), Andrew Hayden (IRMRC), Gemma Hynard (Griffith University), Rebecca Ivers (The George Institute), Rod McClure (University of Queensland), Shauna Sherker (IRMRC), Annie Warn (NSCCAHS).

The website is up and running and will have information added during the next few months, go to www.AIPN.com.au and follow the conference link. The call for abstracts will go onto the website some time in November 2005. Abstracts may be submitted from Thursday December 1st 2005. The final date to submit abstracts is Friday 10th Feb 2006, and successful authors will be notified by Friday 5th May 2006. The registration fee will be announced in the near future.

Student bursaries of \$1000 will be available to 3 students who have an abstract submitted, please see the Call for Abstracts for further information.

To date the only confirmed sponsor is NSW Health, if any of you work for organisations who are in a position to sponsor, please contact Julie Hatfield at the IRMRC.

If you have any questions or queries, please contact the secretariat@aipn.com.au or Annie Warn awarn@nsccahs.health.nsw.gov.au

VSCN ANNUAL CONFERENCE THURSDAY NOVEMBER 17, 2005 "CREATING SAFER COMMUNITIES"

Keynote Speakers:

- Nicola Rabot *DHS Injury Prevention Initiatives & National Injury Prevention Plan*
- Dr Iain Butterworth *Healthy Cities*
- Ass Professor John W Toumbourou *Could we reduce alcohol-related harm for children & young people by raising the drinking age to 21?*
- Professor Christos Pantelis *The Development of the brain & risk taking behaviour in Young Adults*

Workshops

- Early & Often: Working Effectively with young people
- Future directions in unintentional injury prevention research & practice

Short Papers and Presentations

- *Working with Vulnerable Groups*
- *Innovative Communication/Partnerships*
- *Opportunities/ Challenges & Hot Topics*

Registration \$150.00 includes Conference Dinner. Time: 9.00am to 5.30pm, then adjourn for dinner and conviviality.

Contact Barbara Minuzzo for registration and location details.

Phone 03 9345 5786

Email: vscn.vscn@rch.org.au



Deadlines for newsletter contributions in 2005.

1 December 2005

Editor Fran McFadzen
Assisted by Jan Shield
PO Box 554, Emerald 4720.
E-mail: newsletter@aipn.com.au
Phone: 07 4982 2177
Fax: 07 4982 4113



ACTIVE AGING - Seniors on the Move Conference

22-25 November 2005 in Hervey Bay, Queensland on engaging local government in falls prevention/physical activity for older people <http://www.activeageing.com/> or

<http://www.vision6.com.au/em/message/email/view.php?id=50020&u=2483>



AIPN Executive Committee

Member	Phone	Fax	Email
Pam Albany	02 9391 9679	02 9391 9579	palba@doh.health.nsw.gov.au
Paul Vardon	07 32474821	07 3220 0708	secretary@aipn.com.au
Kathie Clapham	02 9657 0300		kclapham@thegeorgeinstitute.org
Dale Hanson	07 4968 6348	07 4968 6027	dale_hanson@health.qld.gov.au
Annie Warn	02 4349 4811	02 4349 4866	awarn@nsccahs.health.nsw.gov.au
Jenny Blitvich	03 5327 9690	03 5327 9478	j.blitvich@ballarat.edu.au
Lesley Day	03 9905 1811	03 9905 1809	lesley.day@general.monash.edu.au
Greg Stead	02 9845 0894	02 9845 0895	gregor3@chw.edu.au
Maria Romiti	02 9385 6547	02 9385 6549	student@aipn.com.au